

Fig. 1

INFORMATION OF THERAPY INSTRUCTIONS					
Input		Viewing data		Setting	
Name of hospital					
Nagoya University hospital					
Name of physician					
Yuzou Sato					
Name of patient					
Izuru Satsuki					
Prescribed diet unit					
20					
Targeted exercise amount					
8000					
◆ Parameters of insulin shot					
Type	M	N	E	B	
Instancy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	6
gradually	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6

Fig. 2

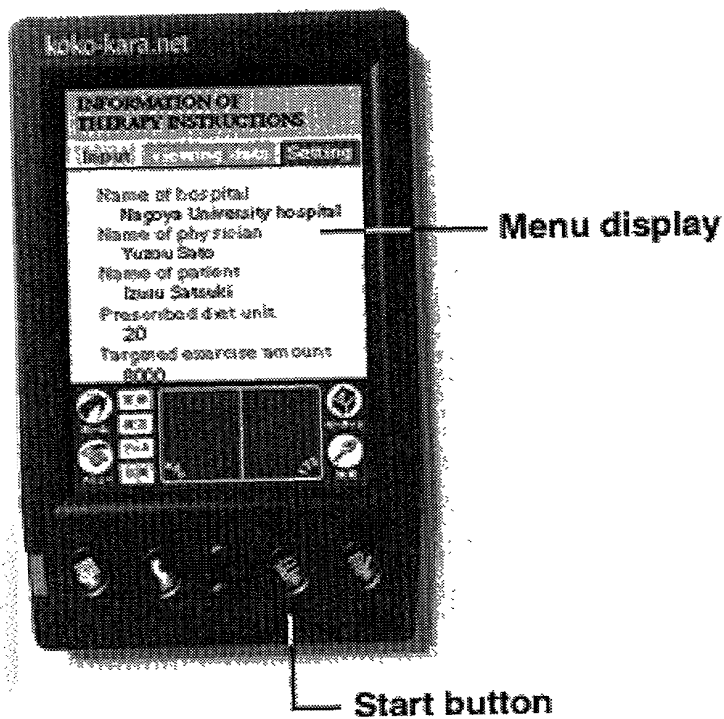


Fig. 3

INFORMATION OF THERAPY INSTRUCTIONS

Input viewing data Setting

Name of hospital
Nagoya University hospital

Name of physician
Yuzou Sato

Name of patient
Izuru Satsuki

Prescribed diet unit
20

Targeted exercise amount
8000

◆ Parameters of insulin shot

Type	M	N	E	B
Instancy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> 6
gradually	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> 6

Fig. 4

INFORMATION OF THERAPY INSTRUCTIONS

Input viewing data Setting

Setting the time of meal and blood sugar measurement

Setting the diet unit of meal

Name of patient
Izuru Satsuki

Prescribed diet unit
20

Targeted exercise amount
8000

◆ Parameters of insulin shot

Type	M	N	E	B
Instancy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> 6
gradually	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> 6

00006380.06201

Fig. 5

Setting day schedule

Set the time of daily habits
You can change
or remove the setting

Blood sugar measurement

Scheduled time

breakfast	<input type="text"/>	<input checked="" type="checkbox"/>
lunch	<input type="text"/>	<input checked="" type="checkbox"/>
supper	<input type="text"/>	<input checked="" type="checkbox"/>
Bedtime	<input type="text"/>	<input checked="" type="checkbox"/>

Fig. 6

Setting time

Time of start

6:00

Time of end

7:00

0	00
1	05
2	10
3	15
4	20
5	25
6	30
7	35
8	40
9	45
10	50
11	55

Fig. 7

Setting diet unit

Adjust the diet unit according
to your eating habit
You can change the setting

Standard unit	Altered unit
breakfast 4	<input type="text"/>
lunch 7	<input type="text"/>
refreshment 1	<input type="text"/>
supper 8	<input type="text"/>

Total unit 20

Fig. 8

Setting diet unit

C	7	8	9	Unit according to bit the setting
0	4	5	6	
1	2	3	Altered unit	

breakfast	4	<input type="text"/>
lunch	7	<input type="text"/>
refreshment	1	<input type="text"/>
supper	8	<input type="text"/>

Total unit 20

Fig. 9

00-11-20 ◀ S M T W T F S ▶

11:40	Plan meeting	
12:00	Blood sugar measurement	
12:05	Insulin shot	
12:10		
12:30	Lunch	⊗
12:40		
13:30		
18:30	Supper	⊗
19:30		
22:00	Go to bed	⊗
23:00		<input type="button" value="HOME"/>

Fig. 10

00-11-20 ◀ S M T W T F S ▶

11:40	Plan meeting	
12:00	One hour before supper	Unit
12:05		
12:10	Change the set time if necessary	⊗
12:30		
12:40		
13:30	<input type="button" value="Confirmation"/>	⊗
18:30		
19:30	<input type="button" value="Change"/>	⊗
22:00		
23:00		<input type="button" value="HOME"/>

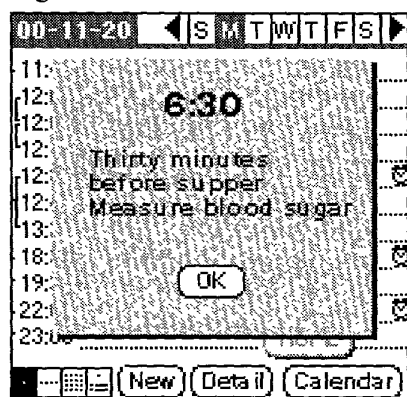
Fig. 11



Fig. 12



Fig. 13



[illegible]

Fig. 15

00-11-20 ◀ S M T W T F S ▶

11: **Insulin shot**

12: Shoot xxx units of

12: 000 insulin

12:

12:

13:

18:

19: OK

22:

23:

--- [Grid Icon] [List Icon] [New] [Detail] [Calendar]

Fig. 15

Fig. 16

INFORMATION OF THERAPY INSTRUCTIONS	
Input	viewing data Setting
Name of hospital	Nagoya University hospital
Name of physician	Yuzou Sato
Name of patient	Izuru Satsuki
Prescribed diet unit	20
Targeted exercise amount	8000
◆ Parameters of insulin shot	
Type	M N E B
Instancy	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> 6
gradually	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> 6

Fig. 17

INFORMATION OF THERAPY INSTRUCTIONS	
Input	viewing data Setting
Diet management	
Exercise amount & others	
Special note	
Prescribed diet unit	20
Targeted exercise amount	8000
◆ Parameters of insulin shot	
Type	M N E B
Instancy	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> 6
gradually	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> 6

Fig. 18

Exercise amount Nov 15 (Mon)

Exercise amount

Weight Kg

Percent body fat %

Blood pressure ~

0	7	8	9	
.	0	4	5	6
.	1	2	3	

Fig. 19

Special note Nov 15 (Mon)

Meeting for discussing
the development
of the system

System under development

About tools used for
development

Fig. 20

Diet management

	Standard unit	Consumed unit
breakfast	4	4
lunch	7	7
refreshment	1	1
supper	8	<input type="text" value="8"/>
Total unit	20	

Targeted unit for supper is 8
 Current consumed units are

Fig. 21

Home-made dishes	
Set menu	
Boiled rice	
Soup	
Beef-cooked dish	
Pork-cooked dish	
Chicken-cooked dish	
Minced meat cooked dish	
Sea food	

Targeted unit for supper is 8
Current consumed units are

[Menu](#)

Fig. 22

Home-made dishes/Boiled rice		
Name of dish	Unit	Kcal
husked rice	2.7	220
unhusked rice	2.8	229
rice in soup	3.0	240

Targeted unit for supper is 8
Current consumed units are

[Menu](#)

Fig. 23

Diet management Nov 15 (Mon)	
Breakfast	Lunch
Refreshment	Supper

Boiled husked rice 2.7

[Additional note](#)

Targeted unit for supper is 8
Current consumed units are

[Menu](#)

Fig. 24

Beef cooked dish		
Name of dish	Unit	Kcal
Sukiyaki	3.2	256
Sliced beef	5.2	420
Beef and potato	3.6	287
Grilled beef	2.8	230
Beef roll	3.4	272
Beef stew	1.4	115
Targeted unit for supper is 8		
Current consumed units are		
2.7	Menu	

Fig. 25

Beef cooked dish		
Name of dish	Unit	Kcal
Beef and pimento frizzed in oil	3.4	272
		

Fig. 26

Diet management Nov 15 (Mon)		
Breakfast	Lunch	
Refreshment	Supper	
Boiled husked rice	2.7	
Beef and pimento frizzed in oil	3.4	
Additional note		
Targeted unit for supper is 8		
Current consumed units are		
6.1	Menu	

Fig. 27

INFORMATION OF THERAPY INSTRUCTIONS

Input

Viewing data

Setting

Day schedule

Viewing day program

Viewing blood sugar

Viewing exercise amount

Viewing body fat

Viewing blood pressure

Viewing special note

Targeted exercise amount

8000

◆ Parameters of insulin shot

Type

M

N

E

B

Instancy

☒

☒

☒

☐

6

gradually

☐

☐

☐

☒

6

Fig. 28

00-11-20

S

M

T

W

T

F

S

11:40 Plan meeting

12:00 Blood sugar measurement

12:05 Insulin shot

12:10

12:30 Lunch

12:40

13:30

18:30 Supper

19:30

22:00 Go to bed

23:00

HOME

...

New

Detail

Calendar

Fig. 29

Viewing day program

Blood sugar measurement

Scheduled time	Consumed unit	
breakfast 6:30	4	<input checked="" type="checkbox"/>
lunch 2:00	7	<input checked="" type="checkbox"/>
supper 8:30	9	<input checked="" type="checkbox"/>
Bedtime 22:00		<input checked="" type="checkbox"/>

(Return)

Fig. 30

Blood sugar measurement

	50	100	150	200
Ev				98
Ni				112
11.19/ Mo				115
No				100
Ev				92
Ni				105
11.20/ Mo				120
No				110
Ev				100
Ni				115

(Return)

Fig. 31

Exercise amount

	3000	5000	10000
11/10			3400
11/11			4000
11/12			4100
11/13			5000
11/14			5200
11/15			4500
11/16			6500
11/17			6000
11/18			7800
11/19			7000

(Return)

Fig. 32

Weight / body fat		
	Weight	Body fat
11/10	67	21
11/11		
11/12		
11/13	63	20
11/14		
11/15		
11/16		
11/17	64	21
11/18		
11/19		
Return		

Fig. 33

Blood pressure		
	Lo. value	Hi. value
11/10	98	165
11/11		
11/12		
11/13	112	180
11/14		
11/15		
11/16		
11/17	101	132
11/18		
11/19		
Return		

Fig. 34

Special note	Nov 15 (Mon)
Meeting for discussing the development of the system	
System under development	
About tools used for development	
End Detail	